



April 2017

Day	Week	Month	4 Days	Agenda
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Mon	Tue	Wed	Thu	Fri
27	28	29	30	31
3 HOME MEET	4 Sprints/LJ/HJ	5 Hurdles/Dist/throws	6 Sprints/LJ/HJ	7 Hurd/Dist/throws
10 Hurdles/Dist/throws	11 Sprints/LJ/HJ	12 Hurdles/Dist/throws	13	14
17 No school	18 Hurdles/Dist/throws	19 Sprints/LJ/HJ	20 HOME MEET	21 Hurdles/Dist/throws
24 Sprints/LJ/HJ	25 HOME MEET	26 Hurdles/Dist/throws	27 Sprints/LJ/HJ	28 Hurdles/Dist/throws
May 1 HOME MEET	2 Sprints/LJ/HJ	3 hurdles/dist/throws	4 Sprints/LJ/HJ	5 AWAY MEET @FISHER